

# CARIBBEAN INSTITUTE OF MENTAL HEALTH AND SUBSTANCE ABUSE (CARIMENSA)



**Professor Emeritus Frederick W. Hickling**  
**Executive Director**

## INTRODUCTION

The Caribbean Institute of Mental Health and Substance Abuse (CARIMENSA) was established as a Centre within the Faculty of Medical Sciences in February 2008 with supportive relationships to the Section of Psychiatry in the Department of Community Health and Psychiatry. The Executive Director of CARIMENSA is Professor Frederick W. Hickling of the Department of Community Health and Psychiatry.

### **Private/Public Partnership**

CARIMENSA has engaged in a private/public partnership with Psychotherapy Associates Ltd, one of the leading private medical research organizations in Jamaica (Figueroa & Henry Lee 1998). This collaboration

has facilitated the development of CARIMENSA as a self –sustaining organization within the UWI, in keeping with its remit from the F&GPC UWI. Psychotherapy Associates Ltd. has provided office and classroom facilities, administrative and utility support for this fledgling UWI Institute.

## **WORK OF THE DEPARTMENT**

### **Teaching and Workshops**

- Training of 29 Teachers and 7 Guidance Counsellors in Cultural Therapy: Ministry of Education “Dream-A-World Cultural Resilience Program”: August 2014: Lead Facilitators: Professor Frederick Hickling, Dr. Geoffrey Walcott, Dr. Hilary Robertson-Hickling, Professor Jaswant Guzder, Dr. Deborah Chambers
- Training of 12 Teachers and 16 Guidance Counsellors in Cultural Therapy: Ministry of Education “Dream-A-World Cultural Resilience Program”: March 2015: Lead Facilitators: Professor Frederick Hickling, Dr. Geoffrey Walcott, Dr. Hilary Robertson-Hickling, Dr. Deborah Chambers
- Dream-A-World Cultural Therapy Workshop: McGill University Advanced Institute in Social and Cultural Psychiatry: The Role of Arts in Cultural Psychiatry: May 30–31, 2015: McGill University, Montreal: Workshop Therapy Team: Dr Fredrick W. Hickling and Dr Jaswant Guzder

### **Funded Service/Research**

1. Grand Challenges Canada “Countering youth and urban violence with a community engagement cultural therapy program in Kingston, Jamaica” May 2013–November 2015
2. Ministry of Education “Dream-A-World Cultural Resilience Program” November 2014–August 2015

## **Presentations Made at Meetings**

### **Professor Hickling and Dr Walcott**

- Association of Consultant Physicians of Jamaica President's Dinner: September 13, 2014. Guest Speaker: Frederick W. Hickling:
- Shortwood Teachers' College: 24th Annual Normal Darlington Founders' Day Lecture: Mental Illness in schools in Jamaica, September 25, 2014. Keynote speaker: Frederick W. Hickling
- Rotary Club of Kingston: Dream-A-World Cultural Therapy, September 30, 2014. Guest Speaker: Geoffrey Walcott
- Jamaica Psychiatric Association Annual Christmas Dinner: Dream-A-World Cultural Therapy Transition To Scale, December 2014. Guest Speaker: Geoffrey Walcott
- The Pacific Rim College of Psychiatrists Scientific Meeting - PRCP November 2014 Conference. Research Paper: Scale up of Dream a World Child Project for Promotion of Resilience in Garrison Communities of Inner City Kingston, Jamaica. Vancouver, BC Presenter Frederick W Hickling
- Jamaica Psychiatric Association Annual Christmas Dinner: Dream-A-World Cultural Therapy Transition To Scale, December 2014. Guest Speaker: Geoffrey Walcott
- McGill Global Mental Health Conference May 31, 2015 – Turning Colonial Psychiatry Inside-Out. Keynote speaker Frederick W Hickling,
- Advanced Study Institute Transcultural Psychiatry Conference McGill University – June 1, 2015 : The Arts in Cultural Psychiatry
  - a) Dream-A-World Cultural Therapy – Using Creativity as the Vehicle for Postcolonial Social Reengineering/Healing in Jamaica: Presenter: Frederick W. Hickling
  - b) The Eastern Jamaica Dream-A-World Cultural Resiliency 'Transition to Scale': Presenter Frederick W. Hickling ( Presentation

of DAW team : Dr Hilary Robertson Hickling, Dr Fred Hickling,  
Dr Geoffrey Walcott, Dr Jaswant Guzder)

- Grand Challenges Canada Conference Solving the Grand Challenges in Global Mental Health Partnering for Impact at Scale Toronto Canada June 4, 2015. Poster: “Countering youth and urban violence with a community engagement cultural therapy program in Kingston, Jamaica” Presenter Frederick W. Hickling
- Inter American Development Bank July 15, 2015. Building Resilience in Jamaican Children Guest Speaker: Frederick W. Hickling

**Professor Jaswant Guzder – International Collaborator**

- 64th Annual Meeting of Canadian Academy of Child and Adolescent Psychiatry. Toronto, Ontario: Symposium on Global Health Paper: Scale up of Dream a World Project: Resilience Promotion Grand Challenges High Risk Child Research in Jamaica, September 17, 2014. Presenter
- The Pacific Rim College of Psychiatrists Scientific Meeting – PRCP 2014 Conference. Research Paper: Scale up of Dream a World Child Project for Promotion of Resilience in Garrison Communities of Inner City Kingston, Jamaica. Vancouver, BC. October 5, 2014. Presenter
- Montreal World Health Organization Meeting 2015: “Dream A World Project: Implication of UWI-McGill Grand Challenges Research on High Risk Children in Jamaica”. Montreal, QC. March 22, 2015. Invited Speaker
- 2015 Inaugural Turkish-Australian Mental Health Conference Living in the Age of Global Trauma, “Commemorating the Çanakkale/Anzac Centenary” Dream A World: University of the West Indies–McGill Collaboration to develop a multimodal intervention for high risk children in Jamaica. Istanbul Turkey. April 13, 2015. Presenter
- McGill University Advanced Institute in Social and Cultural Psychiatry: The Role of the Arts in Cultural Psychiatry: Identity, Creativity and

Transformation: The Kingston Seaview Dream-A-World Cultural Therapy ‘Scale Up’: Methods and Outcome June 1 2015: Presenter Dr Jaswant Guzder (Presentation of DAW team: Dr Geoffrey Walcott, Dr Fred Hickling, Dr Hilary Robertson Hickling, Dr Jaswant Guzder)

- Pathways to Resilience III: Beyond Nature vs. Nurture: Implications for Resilience Intervention of Dream a World Cultural Therapy Model developed in Jamaica as an Evidence Based Action Research Project Dalhousie University, Halifax, Nova Scotia. June 16–19, 2015 Presenter
- Two Eyed Seeing Evaluation Research Meeting: Culture and Mental Health Research Unit, McGill University: Adapting the Dream a World Cultural Therapy Model for First Nations Communities in Canada. August 22, 2015 Presenter

#### **Media Appearances**

- Frederick W. Hickling – Interview on Smile Jamaica-TVJ September 16, 2014
- Frederick W. Hickling and Dr Jaswant Guzder-Dream-A-World For Inner City Children – Smile Jamaica-TVJ July 27, 2015

#### **Social media**

- Creation of Dream-A-World Cultural Therapy Facebook page: June 25, 2015 <https://www.facebook.com/pages/Dream-A-World-Cultural-Therapy/1417993275195398>
- Video on Dutty Berry Show Facebook Page of the Dream A World Children July 29, 2015 <https://www.facebook.com/DuttyBerryShow/videos/vb.148078678558787/1019562871410359/?type=2&theater>

#### **Newspaper articles**

- N.A. (2014, September 25). Dream A World Project to be expanded

to 35 primary schools. *The Gleaner*. [http://www.jamaicaobserver.com/news/-Dream-A-World-Project--to-be-expanded-to-35-primary-schools\\_17607305](http://www.jamaicaobserver.com/news/-Dream-A-World-Project--to-be-expanded-to-35-primary-schools_17607305)

- Harris, A. (2014, October 26). 'We are locking up our bright people'-Walcott. *The Gleaner*. <http://jamaica-gleaner.com/article/news/20141026/we-are-locking-our-bright-people-walcott#.VZFZgjTuH6Q.facebook>
- N.A. (2015, January 13). Absence of Funds Leaves Child Therapy Programme in Limbo. *The Gleaner*. <http://jamaica-gleaner.com/gleaner/20150113/lead/lead2.html>
- N.A. (2015, July 31). Dream A New World. *The Gleaner*. <http://jamaica-gleaner.com/article/news/20150731/dream-new-world>
- Barnaby, J. (2015, August 1). Dream-A-world Celebrates Programme Success!. *The Gleaner*. <http://jamaica-gleaner.com/article/lead-stories/20150801/dream-world-celebrates-programme-success#.Vb7DMs64WvQ.facebook>

## AWARDS

- Dr Jaswant Guzder: Dalhousie Award for Best oral research paper presentation at annual CACAP meeting
- Dr Jaswant Guzder: Award for Best oral research presentation at PRCP Conference

## PUBLICATIONS

### Book Chapters

- Hickling FW. (2015). The Role of Psychiatry in Football. In C. Charles (Ed.), *Perspectives on Caribbean Football* (161–178). Hertford, United Kingdom: Hansib Publications Limited

## Books

- Hickling, F.W. (2014). *Mental Illness in schools in Jamaica*. Kingston, Jamaica: CARIMENSA Press.
- Hickling, F.W. (Ed) (2015) *Render Me Visible: Inner-City Children Dream A New World*. Kingston, Jamaica: CARIMENSA Press

## INCOME GENERATION

### Income from Projects

- **Grand Challenges Canada:** “Countering youth and urban violence with a community engagement cultural therapy program in Kingston, Jamaica”. October 31, 2013–October 31, 2015. CAD \$270,000
- **Ministry of Education:** “Dream-A-World Cultural Resilience Program”. November 2014–August 2015. JMD \$14,900,000.00

## PUBLIC SERVICE

1. **FW Hickling:** Caribbean Representative: World Psychiatric Association. Section on Conflict Management and Resolution. 2003-present
2. **FW Hickling:** Member, Scientific Committee: World Association of Cultural Psychiatry (WACP) together with the Latin American Group of Transcultural Psychiatry (GLADET) the 4th International Congress “Global Challenges & Cultural Psychiatry. Natural disasters, conflict, insecurity, migration, and spirituality”, Puerto Vallarta, Jalisco, México from October 29th to November 2nd 2015
3. **G Walcott:** President, Jamaica Psychiatric Association